The New York State Department of Health (NYSDOH) recently distributed a letter to healthcare providers highlighting the updates for HIV Post-Exposure Prophylaxis (PEP) treatment. A copy of this letter may be found at:


Highlights include:

- HIV PEP should be quickly administered to a patient with recent exposure to HIV.
- The current HIV PEP regimen is more effective and better tolerated than previous regimens.
- Patients who may require HIV PEP should be triaged as urgent cases. Treatment should be initiated within two hours and no later than 36 hours after exposure. Treatment may be given more than 36 hours after exposure, but efficacy diminishes with delayed initiation.
- Best practice is to administer the first dose of HIV PEP while evaluating the patient for risk.

NYSDOH AIDS Institute’s Online HIV Patient Resources Directory

HIV practitioners in New York State may now register for this directory which lists physicians, nurse practitioners, physician assistants, and certified nurse midwives with experience in HIV care.

Inclusion is voluntary and does not confer any endorsement by the New York State Department of Health.

To Register: Log on to the NYSDOH Health Commerce System (HCS) https://commerce.health.state.ny.us. If you need an account or help accessing your account, please send an email to hcsoutreach@health.state.ny.us.

Step 1: Click ‘My Content’ -> ‘All Applications’.
Step 2: Click letter ‘H’ and select ‘HIV/AIDS Provider Contact List.’
Step 3: Follow the instructions as provided on the screen. Questions? Email hivproviderdirectory@health.ny.gov