



HIV/AIDS RESOURCE GUIDES

The Dutchess County HIV Health Services Planning Council provides resource guides, giving Dutchess County residents and healthcare providers up-to-date information regarding the medical, transportation, counseling and food services available for our HIV-positive population. Located on the Dutchess County Department of Health website, these resource guides can be reached using the following directions:

Resource Guides Available:

HIV/AIDS Core Services Resource Guide: Resources include primary health care, case management services, mental health, substance abuse and psychosocial support services, dental care and basic housing, food and legal assistance.

Testing and Counseling Resources: Resources include HIV-specific testing and counseling.

Medical Transportation Resource Guide: Resources include Medicaid transportation, Paratransit, Dial-A-Ride and other transportation resources.

Food Services Resource Guide: Resources include local soup kitchens and food pantries.



HIV/AIDS CORE SERVICES RESOURCE GUIDE

The following resource inventory lists the service providers located in Dutchess County that are currently providing services specifically for individuals with HIV. Information about the full range of health and human services providers serving Dutchess County is now available through the Hudson Valley Region 211 information system serving Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, and Westchester Counties.

I. HIV/AIDS PRIMARY CARE SERVICES

- **Hudson River HealthCare: Atrium Office**

1 Webster Avenue, Suite 202
Poughkeepsie, NY 12601
Phone: (845) 483-5700
Fax: (845) 483-5705
www.hrhcare.org

HIV Services: Comprehensive HIV Primary Care with two HIV specialists. Services also include mental health counseling, adherence nursing, case management, HIV testing and counseling, nutrition counseling, podiatry, patient care partners.

Hours of Operation: Monday, Tuesday, Wednesday, & Friday 8:30 a.m. – 5:30 p.m.; Thursday 8:30 a.m. – 8:00 p.m.; Closed between 1:00 p.m. - 2:00 p.m.

Eligibility: Open to all, including undocumented

Fees: Insurances, Medicaid, Sliding scale for uninsured

- **Hudson River HealthCare: Beacon Office**

6 Henry Street
Beacon, NY 12508
Phone: (845) 831-0400
Fax: (845) 831-0793
www.hrhcare.org

HIV Services: Comprehensive HIV Primary Care, mental health counseling, adherence nursing, HIV testing and counseling, nutrition counseling, podiatry.

Hours of Operation: Monday 8:30 a.m. – 5:30 p.m.; Tuesday, Wednesday, & Thursday 8:30 a.m. - 8:00 p.m.; Friday 8:30 a.m. - 5:00pm; 24-hour on call coverage

Eligibility: Open to all, including undocumented

Fees: Insurances, Medicaid, Sliding scale for uninsured

- **Family Practice Center of Hyde Park:**

11 Crum Elbow Road
Hyde Park, New York 12538
Phone: 845-229-1020
Fax: 845-229-2005

www.fpinstitute.org

HIV Services: Primary medical care with infectious disease specialty, medical case management (inclusive of coordination with other service providers, assistance with ADAP application, transportation); nutritional counseling.

Hours of Operation: Monday, Tuesday, & Thursday 8:00 a.m. – 7:00 p.m.; Wednesday & Friday 8:00 a.m. – 5:00 p.m.

Eligibility: No restrictions

Fees: Accepts Medicaid, Medicare, most private insurance, and sliding-scale self-pay. No one will be denied service based on inability to pay.

- **Dr. Stuart Feinstein**

7 Fox St. Suite 303,
Poughkeepsie, NY 12601
Phone: (845) 471-0232
Fax: (845) 471-0267
sfeins4315@aol.com

HIV Services: HIV Primary Care

Hours of Operation: Monday, Tuesday, Thursday, & Friday 9:30 a.m. – 4:00 p.m. Wednesday 9:30 a.m. – 12:00 p.m.

Eligibility: Adults and teens, including undocumented

Fees: Most types of insurances accepted

- **Dr. Daniela Stokes**

74 West Cedar Street, Suite 2C
Poughkeepsie, NY, 12601
Phone: (845) 485-9040
Fax: (845) 485.9043
drstokes@bestweb.net

HIV Services: Primary Care and Treatment for individuals with HIV and AIDS

Hours of Operation: Monday, Tuesday, Wednesday, & Friday 9:00 a.m. - 4:00 p.m.; Dr. Stokes is not in the office on Thursdays, but can be contacted via the office, if necessary.

Eligibility: Anyone infected with HIV

Fees: Most types of private insurances accepted; no Medicaid

II. CASE MANAGEMENT SERVICES

Case Management is a service that coordinates multiple services and multiple providers to meet client's health care needs: this may also include coordination and/or referrals for resources for resources such as income assistance, advocacy, legal services, education, housing, medical care treatment, vocational prep, and recreation.

- **Hudson River HealthCare: Atrium Office**

1 Webster Avenue, Suite 202
Poughkeepsie, NY 12601
Phone: (845) 483-5700
Fax: (845) 483-5705
www.hrhcare.org

HIV Services: Medical case management

Hours of Operation: Monday, Tuesday, Wednesday, & Friday 8:30 a.m. – 5:30 p.m.; Thursday 8:30 a.m. – 8:00 p.m.; Closed daily between 1:00 p.m. - 2:00 p.m.

Eligibility: Open to all, including undocumented

Fees: Insurances, Medicaid, Sliding scale for uninsured

- **AIDS Related Community Services**

235 Main Street
Poughkeepsie, NY 12601
Phone: (845) 471-0707
Fax: (845) 471-0857
www.arcs.org

HIV Services: Community case management: in-office and home visits

Hours of Operation: Monday-Friday 9:00 a.m. - 5:00 p.m.

Eligibility: Open to all HIV infected individuals

Fees: None, Medicaid accepted

- **Catharine Street Community Center**

69 Catharine Street
Poughkeepsie, NY 12601
Phone: (845) 473-2272
Fax: 845-473-2769
www.catharinecenter.org

HIV Services: Medical Case Management and related support services without charge to HIV/AIDS infected Dutchess County residents, their family members, and/or caregivers. Services include referrals, acquisition of and/or advocacy. On-site resources to assist clients include: bilingual HIV/AIDS Support Group, Same day transportation for medical visits, Linkages to health and social service agencies, Computer and internet access (call for info.)

Hours of Operation: Monday-Friday 9:00 a.m. - 6:00 p.m.

Eligibility: Dutchess County residents; including undocumented.

Fees: None

III. SUBSTANCE ABUSE SERVICES

- **St. Francis Hospital Service Coordinator Program**

Saint Francis Hospital and Health Centers
241 North Road
Poughkeepsie, NY 12601
Phone: (845)486-2950
Fax: (845) 486-2999

HIV Services: Short and long-term counseling for substance abuse and mental health issues. Provide referrals and facilitate treatment groups. Home and field based services.

Hours of operation: Monday – Friday 8:30 a.m. – 5:00 p.m.

Eligibility: Serves infected and affected Dutchess County residents.

Fees: None

- **St. Francis Hospital Methadone Program**

Saint Francis Hospital and Health Centers
230 North Road
Poughkeepsie, NY 12601
Phone: (845)486-2850
Fax: (845) 486-2770

HIV Services: Short and long-term counseling for substance abuse. Provide referrals and facilitate treatment groups. Provides Methadone upon completion of screening process.

Hours of operation: Pre screening process only on Monday, Wednesday, Friday, must arrive before 10 a.m.

Eligibility: Serves infected and affected Dutchess County residents. ID required

Fees: None

IV. MENTAL HEALTH SERVICES

- **Hudson River HealthCare: Atrium Office**

1 Webster Avenue, Suite 202
Poughkeepsie, NY 12601
Phone: (845) 483-5700
Fax: (845) 483-5705
www.hrhc.org

HIV Services: Mental health counseling

Hours of Operation: Monday, Tuesday, Wednesday, & Friday 8:30 a.m. – 5:30 p.m.; Thursday 8:30 a.m. – 8:00 p.m.; Closed daily between 1:00 p.m. - 2:00 p.m.

Eligibility: Open to all, including undocumented

Fees: Insurances, Medicaid, Sliding scale for uninsured

- **Hudson River Health Care: Beacon Office**

6 Henry Street
Beacon, NY 12508
Phone: (845) 831-0400
Fax: (845) 831-0793
www.hrhcare.org

HIV Services: Mental health counseling

Hours of Operation: Monday 8:30 a.m. – 5:30pm; Tuesday, Wednesday, & Thursday 8:30 a.m. – 8:00pm; Friday 8:30 a.m. - 5:00 p.m.; 24-hour on call coverage

Eligibility: Open to all, including undocumented

Fees: Insurances, Medicaid, Sliding scale for uninsured

- **Dutchess County Department of Mental Hygiene**

230 North Road
Poughkeepsie, NY
(845) 485-9700

Listed above is the main number and the only point of entry into receiving services from the Department of Mental Hygiene satellite offices throughout Dutchess County.

HIV Services: Mental health counseling

Hours of Operation: EMERGENCY HOURS: 24 hours/ 7days

Monday 8:30 a.m. – 5:30 p.m. Tuesday, Wednesday, & Thursday 8:30 a.m. – 8:00 p.m.; Friday 8:30 a.m. - 5:00 p.m.; 24-hour on call coverage

Eligibility: Open to all, including undocumented

Fees: Insurances, Medicaid, Sliding scale for uninsured

- **Family Practice Center of Hyde Park:**

11 Crum Elbow Road
Hyde Park, New York 12538
Phone: 845-229-1020
Fax: 845-229-2005
www.fpinstitute.org

HIV Services: Mental health treatment and supportive counseling.

Hours of Operation: Monday, Tuesday, & Thursday 8:00 a.m. – 7:00 p.m.; Wednesday & Friday 8:00 a.m. – 5:00 p.m.

Eligibility: No restrictions

Fees: Accepts Medicaid, Medicare, most private insurance, and sliding-scale self-pay. No one will be denied service based on inability to pay.

V. DENTAL CARE

- **Hudson River Health Care: Family Partnership Center**

20 North Hamilton St.
Poughkeepsie, NY 12601
Phone: (845) 454-8204
www.hrhcare.org

HIV Services: Diagnostic, radiograph, preventive, restorative, prosthetic, endodontic, and periodontal services, and oral and maxillofacial surgery.

Hours of Operation: Monday, Tuesday, & Wednesday 9:00 a.m. - 5:00 p.m.; Thursday 9:00 a.m. - 7:00 p.m.; Friday 9:00 a.m. - 2:00 p.m.

Eligibility: No restrictions

Fees: Accepts Medicaid and many other insurances; self-pay fee is based on income.

- **Hudson River Health Care: Beacon Office**

6 Henry Street
Beacon, NY 12508
Phone: (845) 831-0400
Fax: (845) 831-0793
www.hrhcare.org

HIV Services: Diagnostic, radiograph, preventive, restorative, prosthetic, endodontic, and periodontal services, and oral and maxillofacial surgery.

Hours of Operation: Monday 9:00 a.m. – 5:00 p.m.; Tuesday & Thursday 9:00 a.m. - 8:30 p.m.; Wednesday 8:30 a.m. - 7:30 p.m.; Friday 8:30 a.m. – 5:30 p.m.

Eligibility: No restrictions

Fees: Accepts Medicaid and many other insurances; self-pay fee is based on income.

VI. NUTRITION AND FOOD ASSISTANCE SERVICES

- **Dutchess Outreach**

29 North Hamilton, Suite 202
Poughkeepsie, NY 12601
Phone: (845) 454-3792
Fax: (845) 454-3815
www.dutchessoutreach.org

HIV Services: GIFTS program prepares and delivers meals to homebound PLWH/A. Dutchess Outreach also runs a food pantry that provides three day's worth of groceries once a month to people in need.

Hours of Operation: Monday-Friday 8:30 a.m. - 4:30 p.m.

Food delivery on Monday, Wednesday and Friday

Eligibility: HIV positive patients who are homebound (short & long term difficulty with mobility). Requires a physician's verification of condition & need for home delivered meals.
Fees: None

VII. TRANSPORTATION SERVICES

- **AIDS Related Community Services**

235 Main Street
Poughkeepsie, NY 12601
Phone: (845) 471-0707
Fax: (845) 471-0857
www.arcs.org

HIV Services: Transportation to medical, mental health, substance abuse, benefits, housing, HIV education, case management, counseling, support groups, and other social service appointments.

Hours of Operation: Monday-Friday 9:00 a.m. - 5:00 p.m.

Eligibility: HIV+ people who enroll in the transportation program, typically through case manager's referral.

Fees: None, Medicaid accepted

- **Catharine Street Community Center**

69 Catharine Street
Poughkeepsie, NY 12601
Phone: (845) 473-2272
Fax: 845-473-2769
www.catharinecenter.org

HIV Services: Same day transportation for medical visits, Linkages to health and social service agencies

Hours of Operation: Monday-Friday 9:00 a.m. - 6:00 p.m.

Eligibility: Dutchess County residents; including undocumented. Must be enrolled by case manager

Fees: None

VIII. EMERGENCY FINANCIAL ASSISTANCE

- **Dutchess Outreach**

29 North Hamilton, Suite 202
Poughkeepsie, NY 12601
Phone: (845) 454-3792
Fax: (845) 454-3815
www.dutchessoutreach.org

HIV Services: Financial assistance with utilities as well as medications under certain circumstances.

Hours of Operation: Monday-Friday 8:30 a.m. - 4:30 p.m.

Eligibility: Proof of HIV status. As the program is a source of assistance as last resort, applicants must prove they have researched all other possible sources for assistance. For assistance with medications, applicants may not have ADAP or Medicaid, unless the request is for medications that are not covered by insurances.

Fees: None, but there is a cap of \$200 per year per household for utility assistance and \$1,200 per year per person for medication assistance.

IX. HOUSING RELATED SERVICES

- **Multi-County Community Development Corporation**

Central Office: Twin Maples Plaza, Suite 5

Saugerties, NY 12477

Phone: (845) 247-9110

Fax: (845) 247-9120

HIV Services: HOPWA (Housing Opportunities for People with AIDS) programs in Red Hook and Poughkeepsie provide affordable housing to people infected with HIV and their families, complete with case management

Hours of Operation: Monday—Friday 8:30 a.m. - 5:00 p.m.

Eligibility: PLWH/A, US citizenship required.

Fees: Assistance provided in accordance with income guidelines, most pay 30% of their income and rental stipends cover the rest

- **AIDS Related Community Services**

235 Main Street

Poughkeepsie, NY 12601

Phone: (845) 471-0707

Fax: (845) 471-0857

www.arcs.org

HIV Services: Housing case management: in-office and home visits

Hours of Operation: Monday-Friday 9:00 a.m. - 5:00 p.m.

Eligibility: Open to all HIV infected individuals

Fees: None, Medicaid accepted

- **Hudson River Housing**

313 Mill Street

Poughkeepsie, NY 12601

Phone: (845) 454-5176

Fax: (845) 485-1641

Services: Housing and counseling for homeowners facing foreclosure.

Hours of Operation: Monday-Friday 9:00 a.m. - 5:00 p.m.

Eligibility: Hudson River Housing provides housing services to persons of all ages

X. PSYCHOSOCIAL SUPPORT SERVICES

- **AIDS Related Community Services**

235 Main Street

Poughkeepsie, NY 12601

Phone: (845) 471-0707

Fax: (845) 471-0857

www.arcs.org

HIV Services: Support groups for people with HIV/AIDS and their families and friends, specialized groups for Hispanics, women, and gay men

Hours of Operation: Monday-Friday 9:00 a.m. - 5:00 p.m., call for support group schedule

Eligibility: Open to all HIV infected individuals

Fees: None

- **Catharine Street Community Center**

69 Catharine Street

Poughkeepsie, NY 12601

Phone: (845) 473-2272

Fax: 845-473-2769

www.catharinecenter.org

HIV Services: Support, education, treatment adherence, day and evening groups available. Call for info.

Hours of Operation: Monday-Friday 9:00 a.m. - 6:00 p.m.

Eligibility: Dutchess County residents; including undocumented. Must be enrolled by case manager

Fees: None

XI. LEGAL SERVICES

- **Legal Services of the Hudson Valley**

29 North Hamilton St.

Poughkeepsie, NY 12601

Phone: (845) 471-0058 (Centralized intake, toll-free at 1-877-574-8529)

Fax: (845) 471-0244

www.lshv.org

HIV Services: Legal advice, representation, and training in civil matters related to HIV status, such as advance directives (health care proxy, living will, will, power of attorney), disability, HIV-status discrimination, landlord/tenant, permanency planning, and others.

Hours of Operation: Monday – Friday 9:00 a.m. - 5:00 p.m.

Eligibility: Living with HIV/AIDS or affected by HIV/AIDS

Fees: None.

XII. OTHER SUPPORTIVE SERVICES

- **NETWORTH/Positive Action**

P.O. Box 1374

Pleasant Valley, NY 12569

Phone: 518-339-AIDS (2437)

whippet@attglobal.net

HIV Services: Peer support, referral services, emergency assistance, training and hotlines, community education and prevention

Hours of Operation: NA

Eligibility: Living with HIV/AIDS or affected by HIV/AIDS

Fees: None.

XIII. HEALTH INSURANCE PREMIUMS

- **Dutchess Outreach**

29 North Hamilton, Suite 202

Poughkeepsie, NY 12601

Phone: (845) 454-3792

Fax: (845) 454-3815

www.dutchessoutreach.org

HIV Services: Provide financial assistance for eligible individuals living with HIV to maintain a continuity of health insurance or to receive medical benefits under a health insurance program.

Hours of Operation: Monday-Friday 8:30 a.m. - 4:30 p.m.

Eligibility: HIV positive clients who are uninsured and fall below ADAP income guidelines

Fees: None

HIV TESTING AND COUNSELING RESOURCES

- **AIDS Related Community Services**

235 Main Street
Poughkeepsie, NY 12601
Phone: (845) 471-0707
Fax: (845) 471-0857
www.arcs.org

HIV Services: HIV testing and counseling

Hours of Operation: Monday-Friday 9:00am - 5:00pm

Eligibility: Open to all, including undocumented

Fees: None, Medicaid accepted

- **Hudson River HealthCare: Atrium Office**

1 Webster Avenue, Suite 202
Poughkeepsie, NY 12601
Phone: (845) 483-5700
Fax: (845) 483-5705
www.hrhcare.org

HIV Services: HIV testing and counseling

Hours of Operation: Monday, Tuesday, Wednesday, & Friday 8:30am – 5:30pm; Thursday 8:30am – 8:00pm; Closed daily between 1:00pm - 2:00pm

Eligibility: Open to all, including undocumented

Fees: Check with insurance company for coverage, sliding scale for uninsured

- **Hudson River HealthCare: Beacon Office**

6 Henry Street
Beacon, NY 12508
Phone: (845) 831-0400
Fax: (845) 831-0793
www.hrhcare.org

HIV Services: HIV testing and counseling

Hours of Operation: Monday 8:30am- 5:30pm; Tuesday, Wednesday, & Thursday 8:30am – 8:00pm; Friday 8:30am - 5:00pm

Eligibility: Open to all, including undocumented

Fees: Check with insurance company for coverage, sliding scale for uninsured

- **Hudson River HealthCare: Pine Plains**

11 Pilch St., P.O. Box 527

Pine Plains, NY 12567

Phone: (518) 398-1100

Fax: (518) 398-7108

www.hrhcare.org

HIV Services: HIV testing and initial counseling with referral for continued counseling

Hours of Operation: Monday, Tuesday, Thursday, & Friday 8:00am - 5:00pm; Wednesday 8:00am – 7:00pm

Eligibility: Open to all, including undocumented

Fees: Check with insurance company for coverage, sliding scale for uninsured

- **Hudson River HealthCare: Amenia**

3360 Route 343

Amenia, NY 12501

Phone: (845) 373-9006

Fax: (845) 373-7021

www.hrhcare.org

HIV Services: HIV testing and counseling

Hours of Operation: Monday 7:30am – 8:00pm; Tuesday 7:30am – 7:30pm; Wednesday, Thursday, & Friday 7:30am – 6:00pm; Saturday 9:00am - 1:00pm

Eligibility: Open to all, including undocumented

Fees: Check with insurance company for coverage, sliding scale for uninsured, special program for homeless

- **Dutchess County Department of Health**

387 Main Street

Poughkeepsie, NY 12601

Phone: (845) 486-3401

Fax: (845) 486-3447

<http://www.co.dutchess.ny.us/CountyGov/Departments/Health/HDindex.htm>

HIV Services: HIV testing and counseling

Hours of Operation: Walk-in hours: Monday 1:00pm - 4:30pm; Thursday by appointment only

Eligibility: Anyone over 13, including undocumented

Fees: None

- **Dr. Stuart Feinstein**

7 Fox St. Suite 303,
Poughkeepsie, NY 12601
Phone: (845) 471-0232
Fax: (845) 471-0267
sfeins4315@aol.com

HIV Services: HIV testing and counseling

Hours of Operation: Monday, Tuesday, Thursday, & Friday 9:30am – 4:00pm; Wednesday 9:30am – 12:00pm

Eligibility: Adults and teens, including undocumented

Fees: Medicaid, many private insurance plans,

- **Planned Parenthood Poughkeepsie**

17 Noxon St.
Poughkeepsie, NY 12601
Phone: (845) 471-1540
Fax: (845) 471-1644
www.plannedparenthood.org

HIV Services: HIV testing and counseling

Hours of Operation: Monday 12:30pm – 4:00pm; Wednesday & Thursday 9:00am – 7:00pm; Friday 9:00am – 4:00pm; Every 2nd and 4th Saturday of each month 10:00am – 2:00pm

Eligibility: Anyone, male or female, including undocumented

Fees: Medicaid, many private insurance plans, sliding scale for uninsured

MEDICAL TRANSPORTATION RESOURCES

- **Dutchess County Department of Social Services
Dutchess County Medicaid Transportation**
60 Market St.
Poughkeepsie NY 12601
Phone: (845) 473-0813, press 3

Services: Medical transportation services are to and from all medical related appointments in and outside of Dutchess County. For transportation to a medical appointment **outside of Dutchess County** the individual must submit a letter signed by a doctor or nurse stating that: Dutchess County does not have medical facility of this type that accepts Medicaid and/or Dutchess County does not have a medical facility that provides this type of treatment.

Eligibility: All individuals who are fully enrolled in Dutchess County Medicaid.

Hours of Operation: 24/7

Scheduling: Dutchess County Medicaid Transportation needs at least 3 business days notice in order to schedule transportation. An exact destination address must be provided.

Fees: All fees are covered through Medicaid.

- **Dutchess County LOOP bus system**

14 Commerce St.

Poughkeepsie NY 12603

Phone: (845) 485-4690

<http://www.co.dutchess.ny.us/CountyGov/Departments/Planning/PLLoopSchedules.htm>

Services: The Dutchess County (DC) LOOP bus system is the DC's main form of public transportation. **Routes run throughout Dutchess County.** The LOOP bus service offers quick and inexpensive transportation service with set pick-up and drop-off points.

Eligibility: LOOP bus service is **offered to all members of the public.**

Scheduling: Schedules can be found at:

<http://www.co.dutchess.ny.us/CountyGov/Departments/Planning/PLLoopSchedules.htm>

Accessibility: The Dutchess County LOOP bus service is accessible to all individuals traveling within the pre-determined pick-up and drop-off locations. For medical appointments, riders must confirm the final destination is in line with the service route and ensure scheduled appointment is in line with the pre-set LOOP schedule.

Fees: Individuals are responsible for all fees. *The exception would be medical transportation for fully covered Medicaid recipients. For the procedure to obtain approval for Medicaid coverage of transportation service, see section above, Dutchess County Medicaid Transportation.* Fees for bus services can be found at:

<http://www.co.dutchess.ny.us/CountyGov/Departments/Planning/11478.htm>

- **Dial-A-Ride**

Dutchess County Division of Mass Transit

14 Commerce Street

Poughkeepsie, NY 12603

Phone: Dial-A Ride: (845) 452-7433 OR Office for the Aging: (845) 486-2555.

<http://www.co.dutchess.ny.us/CountyGov/Departments/Planning/PLdialaride.htm>

Services: Dial-A-Ride is a curb-to-curb transportation service, designed to serve the special transportation needs of senior citizens and individuals who have a physical or mental disability which prevents them from using the regular LOOP buses. If a person is able to use the regular LOOP bus service, they are not eligible for Dial-A-Ride.

Hours of operation: Monday – Friday 7:00am – 4:00pm

Eligibility: Individuals are eligible if they are a resident of, and have a trip origin in the towns of: Beekman, Dover, East Fishkill, Fishkill, Hyde Park, LaGrange, Pleasant Valley, Poughkeepsie, Red Hook, Rhinebeck, Union Vale, and Wappingers Falls.

Individuals are only eligible if they are 60+ years of age or have a physical or mental disability that makes it significantly difficult to do one or more of the following. The disability must be verified with a Medical Doctor's note and involve the inability to perform any of the following acts: Walk more than 200 feet, negotiate a flight of stairs, stand outside more than 10 minutes, read information due to visual impairment, get on or off a standard bus, cognitive or learning disabilities, stand on a moving bus, or hear announcements by a bus driver

An individual is not eligible for Dial-A-Ride if the disability is the result of pregnancy, obesity, controlled epilepsy, impairment due to drugs or alcohol, any contagious disease, and any disability which renders one potentially violent so as to be dangerous to oneself other passengers .

Applications: In order to access Dial-A-Ride, an individual must have an identification card and number. To determine eligibility an application must be completed. Each individual will be notified by mail as to their eligibility status. If eligible an identification card and information on the DIAL-A-RIDE service will be mailed to them.

Applications for Dial-A-Ride can be obtained on line at:

<http://www.co.dutchess.ny.us/CountyGov/Departments/Planning/darapplication.asp>

Scheduling: Dial A Ride needs at least 3 business days notice in order to schedule transportation. Dial-A-Ride can be contacted at **(845) 452-7433**.

Fees: Costs for transportation vary from \$0.75 to \$1.75. Fees are not covered by Medicare or Medicaid.

- **ADA Complementary Paratransit Service**

14 Commerce St.

Poughkeepsie NY 12603

Phone: Monday - Friday: (845) 473-0813; Saturday, Sunday, and Holidays: (845) 485-4691

For more information please contact Dutchess County LOOP at (845) 485-4690.

Services: Dutchess County operates a complementary paratransit service as **required by the Americans with Disabilities Act** of 1990.

Eligibility: To be eligible you must complete an ADA Paratransit Application, your trip must have starting and end points within 3/4 mile of an existing Dutchess County LOOP and/or City of Poughkeepsie bus route, and trip days and times must coincide with the existing fixed route schedule.

Scheduling: Complementary paratransit service is defined as next day service. Reservations can be made up to seven (7) days in advance. When scheduling, please provide complete addresses for all pick-up and drop-off locations, and any special needs. To schedule, call between 8:00 am and 4:00 pm. On Saturday, Sunday and Holidays you will be connected to an answering machine. Please leave your NAME and PHONE NUMBER and someone will contact you within four (4) hours to arrange your transportation.

Fees: One Zone: \$.35 (one way); \$1.50 if deviated off route. Two Zones: \$.75 (one way); \$2.25 if deviated off route

- **Rural Paratransit Service**

14 Commerce St.

Poughkeepsie NY 12603

Phone: (845) 473-0813

For more information please contact Dutchess County LOOP at (845) 485-4690.

Services: The Rural Paratransit Service is designed to provide bus services to the rural, eastern portion of Dutchess County.

Eligibility: The Rural Paratransit Service is open to the general public within the Rural Paratransit Service Area of Amenia, Clinton, Dover, Milan, Millerton, Pawling, Pine Plains, Union Vale and Washington. The service operates between the hours of 7:00 am and 4:00 pm.

Scheduling: Reservations must be made at least three (3) business days in advance, and can be scheduled up to seven (7) days in advance by calling (845) 473-0813 Monday through Friday between 7:00 am and 4:00 pm. When scheduling a reservation, please provide the dispatcher with complete addresses for all pick-up and drop-off locations. Cancellations must be made within one (1) hour of the scheduled pick-up time on the day of the trip. Earlier notice is appreciated. Last minute cancellations are subject to a \$4.00 fee.

Fees: Two Municipalities (each way): \$3.00. Three or More Municipalities (each way): \$4.00.

- **Dutchess County Community Action:**

- **Joseph Mastrianni Fund**

Poughkeepsie office: (845) 452-5104

Beacon office: (845) 831-2620

Dover Plains office: (845) 877-9272

Red Hook office: (845) 876-1611

info@dutchessCAP.org

Services: The Joseph Mastrianni Fund (JMF) assists qualified Dutchess County residents in area transportation costs to obtain medical treatment.

Eligibility: JMF is offered to US Citizens under the age of 65. Eligibility is on a case by case basis. Individuals must provide a birth certificate, social security card and proof of income.

Applications: To apply, or request information, applicants can contact any of the Dutchess

County Community Action offices at the phone numbers listed below, or email them at: info@dutchessCAP.org

- **Community Resource and Service Center**
Phone: (845) 855-3459

Services: Volunteer drivers assist **Pawling residents of all ages** in need with transportation to doctors' offices and other medical facilities. Transportation to medical visits is offered throughout Dutchess County, New Milford and Danbury Connecticut and Putnam Hospital.
Scheduling: Transportation services are available during the hours of 9 and 3. There is no fee for services. To schedule, contact Dutchess Community Resource and Service Center in Pawling at (845) 855-3459.

- **Millerton Care Car**
Phone: (518) 789-4259 or (845) 373-7742

Services: Millerton Care Car is a service offered by the North East Community Center. They provide transportation to medical appointments of any type, including same day surgery, grocery stores and other locations.
Eligibility: Services are provided to senior citizens 60 and older and disabled individuals who are residents of the Town of North East, Amenia, Dover and Wassaic.
Scheduling: Provide as much advance notice as possible. To schedule a ride or to volunteer, call (518) 789-4259 or (845) 373-7742. Either number will reach Northeast Community Center.
Fees: There is no fee for services.
Hours of Operation: Monday – Friday 9:00am – 5:00pm

- **Friends of Seniors**
Phone: (845) 485-1277

Services: Friends of Seniors provides transportation services to seniors for medical appointments, same day surgical procedures and assistance with grocery shopping in Dutchess County.
Eligibility: Friends of Seniors provides transportation services to seniors age 60 and over in Dutchess County. They are not equipped to take people in wheelchairs and seniors receiving Medicaid should go through Medicaid transportation.
Scheduling: Provide as much notice as possible. This is an all volunteer organization. To schedule a ride or to volunteer, call (845) 485-1277.
Fees: There is no fee for services.

- **Martin Luther King Cultural Center**
Phone: (845) 831-9887

Services: Martin Luther King Cultural Center (MLKCC) provides medical transportation to residents of Beacon. Services are provided from Beacon to locations in Beacon, Newburgh, or Poughkeepsie.
Hours of operation: 9:00 am to 4:00 pm

Eligibility: MLKCC provides transportation services to seniors and disabled persons of all ages who are residents of Beacon.

Scheduling: Appointments are to be made at least one day ahead. Provide as much notice as possible. To schedule a ride, call (845) 831-9887 from 9:30 am to 1:30 pm.

Fees: Beacon \$4.00 round trip, Newburgh \$9.00 round trip, plus bridge fare, Poughkeepsie \$9.00 round trip.

- **Northern Dutchess Caregivers Coalition**

Phone: (845) 876-5683

Services: Volunteer medical transportation and shopping assistance is provided for people of all ages in Hyde Park, Rhinebeck, Red Hook and Tivoli.

Scheduling: There is no fee for services. Provide 5-7 days advance notice if possible. To schedule, call (845) 876-5683.

FOOD SERVICES

AMENIA:

- **Vine and Branches (FOOD PANTRY)**
4 Lavelle Road, Box 109
Amenia, NY 12501
Phone: (845)373-8193
Contact: John Durkin

Hours of Operation: Every 3rd Saturday of the month (10:00am-until food available)
Eligibility Restrictions: None, but must provide household info.

BEACON:

- **Dutchess CAP Beacon Food Pantry (FOOD PANTRY/SOUP KITCHEN)**
554 Main St.
Beacon, NY 12508
Phone: (845)831-2620
Contact: Susanne Martinez
<http://www.dutchesscap.org/>

Hours of Operation: FOOD PANTRY Mon, Wed, Fri (9am-11am) Wed & Fri (1pm-2pm)
SOUP KITCHEN Mon-Fri (12pm-1:30pm)
Eligibility Restrictions: None.

- **Salvation Army - Beacon (FOOD PANTRY/SOUP KITCHEN)**
PO Box 494
Beacon, NY 12508
Phone: (845)831-1253
Contact: Patti O'Dell

Hours of Operation: FOOD PANTRY: Monday-Friday (9:00am-12:00pm) SOUP KITCHEN:
Monday-Friday (12:00pm-1:00pm) & Sunday (12:30am-1:30pm)
Eligibility Restrictions: FOOD PANTRY: need photo ID, proof of address, income, &
household expenses; SOUP KITCHEN: no requirements

DOVER PLAINS:

- **Dutchess Community Action Partnership (FOOD PANTRY)**
3414 Route 22
Dover Plains, NY 12522
Phone: (845)8312620
Contact: Maria Dizon
<http://www.dutchesscap.org/>

Hours of Operation: Monday-Friday (8:30am-4:30pm)
Eligibility Restrictions: By appointment or emergency need at anytime during hours

FISHKILL:

- **First Reformed Church of Fishkill Food Pantry (FOOD PANTRY)**

1153 Main Street
Fishkill, NY 12524
Phone: (845)896-4546
Contact: Murray Suggit

Hours of Operation: Monday-Friday (9:00am-12:00pm) Thursday(5:30pm-7:00pm call to make appointment)

Eligibility Restrictions: any residents of Southern Dutchess area, proof of ID, proof of all household members' current mail.

HOPEWELL JUNCTION:

- **No Strings Attached Food Pantry (FOOD PANTRY)**

609 Route 82
Hopewell Junction, NY 12533
Phone: (845)227-7832
Contact: Michelle Flynn

Hours of Operation: Take calls (Tuesday -Friday9am -4 pm -24hr voicemail); Pick-up by appt Weds and Fris

Eligibility Restrictions:

- **St. Columba Food Pantry (FOOD PANTRY)**

835 Route 82
Hopewell Junction, NY 12533
Phone: (845)227-7863

Hours of Operation: By appointment

Eligibility Restrictions: Must live in geographic area; must show documentation of address

HYDE PARK:

- **Hyde Park Baptist Church (FOOD PANTRY)**

10 Romans Road
Hyde Park, NY 12538
Phone: (845)795-1070
Contact: Mary Daggett

Hours of Operation: By appt. Mon-Fri (9am-5pm)

Eligibility Restrictions: None.

- **Reach Out FOOD PANTRY. (FOOD PANTRY)**

241 Crum Elbow Rd

Hyde Park, NY 12572
Phone: (845)229-6080
Contact: Ingrid Kullck

Hours of Operation: Fridays (2pm – 5pm, closed on holidays and snow days)
Eligibility Restrictions: None.

LAGRANGEVILLE:

- **Love Reaches Out Food Pantry (FOOD PANTRY)**
1138 Route 55
LaGrangeville, NY 12540
Phone: (845)452-4673
Contact: Candy Edwards

Hours of Operation: Sunday & Wednesday (after services) Monday-Friday (as needed) & Wednesday (10:00am-2:00pm)
Eligibility Restrictions: None.

PAWLING:

- **Community Res. & Service Center (FOOD PANTRY)**
PO Box 331/126 East Main St.
Pawling, NY 12564
Phone: (845)855-3459
Contact: Patty Moore

Hours of Operation: Monday-Thursday (10:00am-4:00pm) & Friday (10:00am-12:00pm)
Eligibility Restrictions: must live, work, or attend church in the Pawling area

PINE PLAINS:

- **Community Food Locker (FOOD PANTRY)**
East Church St.
Pine Plains, NY 12567
Phone: (518)398-6080
Contact: Pat Nanetti

Hours of Operation: 3rd Sat every month (10-12pm) & by appt.
Eligibility Restrictions: Must be resident of local school district.

PLEASANT VALLEY:

- **Pleasant Valley United Methodist Food Pantry (FOOD PANTRY)**
92 Martin rd.
Pleasant Valley, NY 12569
Phone: (845)635-3022
Contact: Steve Knutsen

Hours of Operation: Wed (7-8pm)

Eligibility Restrictions: Live in Pleasant Valley or Arlington school district, cannot be used more than once per month.

POUGHKEEPSIE:

- **ARCS, Poughkeepsie Food Pantry (FOOD PANTRY)**
235 Main St.
Poughkeepsie, NY 12601
Phone: (845)471-0707
Contact: Pat King

Hours of Operation: Mon-Fri (9am-5pm) as needed

Eligibility Restrictions: None.

- **Beulah Baptist Church/Mothers Cupboard Food Pantry (FOOD PANTRY/SOUP KITCHEN)**
92 Catharine Street
Poughkeepsie, NY 12601
Phone: (845)4734007
Contact: Robert Harris

Hours of Operation: FOOD PANTRY: Wednesdays; SOUP KITCHEN: Saturday (11:00am-1:30pm)

Eligibility Restrictions: Must be resident of Dutchess County, special attention to children, & those in need.

- **Care Net Pregnancy Center of Hudson (FOOD PANTRY)**
PO Box 2118
Poughkeepsie, NY 12601
Phone: 845-471-9284

Hours of Operation:

Eligibility Restrictions: Only occasional food assistance to pregnant or new mothers.

- **Dutchess County C.A.P. (FOOD PANTRY)**
84 Cannon Street
Poughkeepsie, NY 12601
Phone: (845)452-5104
<http://www.dutchesscap.org/>

Hours of Operation: Monday-Friday (9:00am-5:00pm)

Eligibility Restrictions:None.

- **Dutchess Outreach, Family Partnership Center (FOOD PANTRY/SOUP KITCHEN)**
29 North Hamilton Street, Suite 202
Poughkeepsie, NY 12601

Phone: (845)454-3792
Contact: Kate Murphey
www.dutchessoutreach.org

Hours of Operation: Monday-Friday (8:30am-11:30am)
Eligibility Restrictions: None.

- **Holy Light Penetcostal Church (SOUP KITCHEN)**
33 South Clover
Poughkeepsie, NY 12601
Phone: (845)473-2439
Contact: Lydia Blue-Johson

Hours of Operation: Saturday (5:00pm-7:00pm)
Eligibility Restrictions: None.

- **Holy Trinity Roman Catholic Church (FOOD PANTRY)**
775 Main Street
Poughkeepsie, NY 12601
Phone: (845)471-5932
Contact: Rosare

Hours of Operation: Call for an appointment.
Eligibility Restrictions: None.

- **Salvation Army - Poughkeepsie (FOOD PANTRY/SOUP KITCHEN)**
19 Pershing Avenue
Poughkeepsie, NY 12601
Phone: (845)471-1210
Contact: Marie Harring

Hours of Operation: FOOD PANTRY: Monday-Friday (10:00am-11:30am, 1:30pm-4:00pm);
SOUP KITCHEN: Monday-Friday (8:30am-9:00am); Lunch for over 50 of age: Monday,
Wednesday, & Friday (12:00pm)
Eligibility Restrictions: Photo ID, once every 60 days, current address, proof of income

- **To God Be The Glory Food Pantry (FOOD PANTRY)**
4 Howard St./Hudson Gardens
Poughkeepsie, NY 12601
Phone: (845)452-5525
Contact: Lisa

Hours of Operation: Tuesdays (1pm-3pm)
Eligibility Restrictions: None.

- **Trinity Temple SDA Food Pantry (FOOD PANTRY)**

16 South Bridge Street
Poughkeepsie, NY 12601
Phone: (845)297-0811
Contact: Jane Busby

Hours of Operation: Wed (4pm-6pm)

Eligibility Restrictions: None.

RED HOOK:

- **Dutchess CAP Red Hook Food Pantry (FOOD PANTRY)**

44-46 East Market Street
Red Hook, NY 12571
Phone: (845)876-1611

Hours of Operation: Must call 1st to have food ready, Monday-Friday (8:30am-4:30pm)

Eligibility Restrictions: Proof of income, valid social security number, only receive food once per 30 days.

STAATSBURG:

- **Hyde Park Food Pantry (FOOD PANTRY)**

P.O Box 28
Staatsburg, NY 12580
Phone: (845)889-8138
Contact: Barbara Wansor

Hours of Operation: Friday (10:00am-12:00pm)

Eligibility Restrictions: Need to be residents of the Hyde Park school district.

VERBANK:

- **Verbank Holiday BaSoup Kitchenet Program (FOOD PANTRY)**

P.O Box 25
Verbank, NY 12585
Phone: (845)677-5534
Contact: Turdy Codd

Hours of Operation: Only holidays: Easter, Thanksgiving, Christmas

Eligibility Restrictions: Serve only 8-10 families & must call to have food before hand

WAPPINGERS FALLS:

- **Wappingers United Methodist Church (FOOD PANTRY)**

9 Mesier Avenue
Wappingers Falls, NY 12590
Phone: (845)297-3208
Contact: Sandra Mantz

Hours of Operation: By appointment only
Eligibility Restrictions: Photo ID required.

- **Zion Food Pantry/Zion Episcopal Church (FOOD PANTRY)**
12 Satterlee Place
Wappingers Falls, NY 12590
Phone: (845) 297-5032
Contact: Jack Devine

Hours of Operation: Wednesday (12:30pm-2:00pm, 6:30pm-7:30pm)
Eligibility Restrictions: None.

Source: Hunger Action Network of New York State <http://www.hungeractionnys.org/>