



# Dutchess County Department of Health Public Health Advisory\*

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## Mumps Cases in Dutchess County

June 11, 2020 10:00 a.m.

Please Distribute to : All local schools, daycares and camps

### SUMMARY:

- ◇ There has been one (1) confirmed and four (4) probable cases of mumps in school age children identified within the past two weeks in Dutchess County.
- ◇ Common symptoms are feeling tired and achy, fever, and swelling and tenderness of the salivary glands particularly in front of the ear (parotid gland).
- ◇ Anyone with signs and symptoms should contact their healthcare provider (HCP) and request they test for mumps regardless of vaccination status, (vaccine will protect 80% of the time, so even those immunized can still develop mumps).
- ◇ Please contact the Dutchess County Department of Health (DCDOH) at 845.486.3402 if you have any suspected cases or need additional information.

Mumps, an acute viral illness is spread through direct contact and/or the air by droplets from the mouth, nose, or throat of infected individuals. People can spread mumps from three days before their glands begin swelling through five days after the swelling began.

Common symptoms are feeling tired and achy, fever, and swelling and tenderness of the salivary glands particularly in front of the ear (parotid gland). If a person exhibits these symptoms they should call their HCP and apprise them before you go in for an evaluation. Request they test for mumps.

Persons diagnosed with mumps should remain home during their infectious period (until 5 days of symptom onset).

The best protection is through vaccination. The New York State Department of Health (NYSDOH) recommends 2 doses of mumps vaccine born on or after January 1, 1957. If you or family members have received only one dose, we strongly suggest you receive the second dose as soon as possible.

Additional information can be obtained at the CDC's website: [www.cdc.gov/NIP](http://www.cdc.gov/NIP), New York State website: [http://nyhealth.gov/prevention/immunization/schools/2010-04-23\\_prevent\\_mumps\\_at\\_camp.htm](http://nyhealth.gov/prevention/immunization/schools/2010-04-23_prevent_mumps_at_camp.htm), or contact the DCDOH at 845.486.3402.

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\***Health Alert**- conveys the highest level of importance; warrants immediate action or attention; **Health Advisory**- provides important information for a specific incident or situation; may not require immediate action; **Health Update**- provides updated information regarding an incident or situation; unlikely to require immediate action.

**Dutchess County Department of Health**

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