



Dutchess County Department of Health Public Health Alert*

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Outbreak of Herpes Gladiatorum

Date: March 22, 2010 - 2 pm

Please Distribute to: Healthcare Providers, Emergency Medicine, Pediatrics, Primary Care, Infectious Diseases, Internal Medicine, Family Medicine, Laboratory Medicine, Pulmonary Medicine, Critical Care, and Infection Control.

Schools: Please distribute to School Nurses and School Athletics Instructors and coaches.

SUMMARY:

- Dutchess County Department of Health (DCDOH) has recently received reports of clusters of Herpes Gladiatorum among wrestlers in several Hudson Valley High Schools.
- The National Federation of State High School Associations (NFHS) Sports Medicine Advisory Committee has developed a Herpes Gladiatorum Position Statement and Guidelines which may be found at <http://www.nsaahome.org/textfile/spmeds/Herpes.pdf>

Since January 2010, reports of **Herpes Gladiatorum** have been reported by several Hudson Valley High School wrestling teams and some private athletic clubs.

Proper Diagnosis and early antiviral intervention are essential to reducing the spread, guidance may be found at <http://www.nsaahome.org/textfile/spmeds/Herpes.pdf>

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***Health Alert**- conveys the highest level of importance; warrants immediate action or attention; **Health Advisory**- provides important information for a specific incident or situation; may not require immediate action; **Health Update**- provides updated information regarding an incident or situation; unlikely to require immediate action.

Dutchess County Department of Health

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