




# AUGUST - 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>MEATLOAF &amp; GRAVY MASHED POTATO ZUCCHINI RYE BREAD &amp; MARGARINE APRICOTS</p>	<p>3</p> <p>CHICKEN SALAD MACARONI SALAD CARROT RAISIN SALAD WHEAT BREAD &amp; MARGARINE MELON</p>	<p>4</p> <p>STUFFED FISH BROWN RICE BRUSSEL SPROUTS STONEWHEAT BREAD &amp; MARGARINE LEMON PUDDING</p>	<p>5</p> <p>VEAL STEAK &amp; GRAVY YAMS GREEN BEANS ROLL &amp; MARGARINE FRUIT COCKTAIL</p>	<p>6</p> <p><b><u>SITES CLOSED</u></b> (EXCEPT POK. CONGREGATE)</p>
<p>9</p> <p>MACARONI &amp; CHEESE STEWED TOMATOES RYE BREAD &amp; MARGARINE FRUITED JELLO</p>	<p>10</p> <p>CHICKEN PATTY ON BUN WITH LETTUCE &amp; TOMATO MAYO BAKED BEANS CHOCOLATE MOUSSE</p>	<p>11</p> <p>SEAFOOD SALAD MIKADO (RICE) SALAD TOMATO &amp; ONION SALAD STONEWHEAT BREAD &amp; MARGARINE COOKIE</p>	<p>12</p> <p>SALISBURY STEAK &amp; GRAVY BAKED POTATO PEAS &amp; ONIONS WHEAT BREAD &amp; MARGARINE PEACHES</p>	<p>13</p> <p><b><u>SITES CLOSED</u></b> (EXCEPT POK. CONGREGATE)</p>
<p>16</p> <p>TURKEY &amp; GRAVY MASHED POTATO CARROTS WHEAT BREAD &amp; MARGARINE APPLE CRISP</p>	<p>17</p> <p>HAMBURGER ON BUN KETCHUP BEETS TOSSED SALAD &amp; SALAD DRESSING PEARS</p>	<p>18</p> <p>BEEF STEW MIXED VEGETABLES BISCUIT &amp; MARGARINE AMBROSIA</p>	<p>19</p> <p>STUFFED SHELLS ITALIAN GREEN BEANS ITALIAN BREAD &amp; MARGARINE BROWNIE</p>	<p>20</p> <p><b><u>SITES CLOSED</u></b> (EXCEPT POK. CONGREGATE)</p>
<p>23</p> <p>TUNA SALAD POTATO SALAD FOUR BEAN SALAD WHEAT BREAD &amp; MARGARINE TAPIOCA PUDDING</p>	<p>24</p> <p>PORK CHOP &amp; GRAVY RICE PILAF SPINACH STONEWHEAT BREAD &amp; MARGARINE APPLESAUCE</p>	<p>25</p> <p>BEEF CHOW MEIN LITE SOY SAUCE RICE, BROCCOLI RYE BREAD &amp; MARGARINE PINEAPPLE</p>	<p>26</p> <p>FISH WITH PESTO SAUCE BUTTERNUT SQUASH FRENCH GREEN BEANS ROLL &amp; MARGARINE FRESH FRUIT</p>	<p>27</p> <p><b><u>SITES CLOSED</u></b> (EXCEPT POK. CONGREGATE)</p>
<p>30</p> <p>BAKED CHICKEN &amp; GRAVY BAKED SWEET POTATO CAULIFLOWER STONEWHEAT BREAD &amp; MARGARINE TROPICAL MIXED FRUIT</p>	<p>31</p> <p>FISH FILLET TARTAR SAUCE RANCH FRIES CORN WHEAT BREAD &amp; MARGARINE GINGERBREAD &amp; TOPPING</p>	<p><b>ALL MEALS SERVED WITH 1/2 PINT OF 1% MILK. ALL MEALS SUBJECT TO CHANGE WITHOUT NOTICE</b></p>		<p>Dutchess County Office for the Aging William R. Steinhaus County Executive John A. Beale, Director 27 High Street Poughkeepsie, NY 12601 (845) 486-2555 866-486-2555 (toll free)</p>