



VOLUNTEER REGISTRATION FORM

Return to: Dutchess County Office for the Aging, 27 High Street, Poughkeepsie, NY 12601)

Date _____ What type(s) of volunteer activity are you interested in? _____

Name _____

Mailing Address _____

Home Phone _____

Date of Birth _____ Email _____

Emergency Contact _____ Phone _____

DAY(S) YOU WOULD BE AVAILABLE: MON TUES WED THURS FRI

Time(s) you are usually available _____ Daily Weekly Monthly

Do you have any medical limitations? _____

Have you ever been convicted of a misdemeanor or felony? _____

Any special skills (foreign language, etc.) _____

Previous volunteer experience _____

What type of transportation will you use to get to your volunteer assignment? _____

Personal Reference _____

Address _____

Phone _____

Because you may have direct contact with frail elderly, the County may initiate inquiries into your personal history including searches of police and motor vehicle files. By signing the form below you hereby grant the County permission to make any such search or investigation.

Volunteer Signature

Your Driver's License ID Number
(9 digits in New York)



Dutchess County Office for the Aging
(845) 486-2555 or toll free at (866) 486-2555
www.dutchessny.gov/aging
email: ofa@dutchessny.gov

Volunteering with the Dutchess County Office for the Aging

Friends,

We at the Office for the Aging could not provide many of our essential services for Dutchess County's senior population without the hard work of hundreds of volunteers. Their work benefits not just seniors, but the entire Dutchess community, with the value of Office for the Aging volunteers' work for 2016 coming to nearly \$1.3 million.

Regardless of your age, skills, or ability to travel, the Office for the Aging offers ways for you to help. Please read more about them here and feel free to get in touch with us with any questions.

Best regards,



*Todd Tancredi, Director
Dutchess County Office for the Aging*

Volunteer opportunities include, but are not limited to...

Home Delivered Meal Drivers

Our drivers deliver over 500 nutritious midday meals to seniors every day, in all areas of Dutchess County. Seniors tell us they look forward not only to the food, but to our delivery staff. For many seniors who live alone, the visit from our driver may be their only contact with people, and that period of socialization is key to helping seniors continue to live safely at home for as long as possible.

Advisory Board

The Dutchess County Office for the Aging and NYConnects are assisted in their mission by a volunteer advisory board appointed by the Dutchess County Executive. The Advisory Board meets on a regular basis to offer input in the planning and delivery of services to senior citizens in Dutchess County.

Health Insurance Counseling

Volunteers are always welcome in our Health Insurance Information, Counseling and Assistance Program (HIICAP). No prior health insurance business experience needed; training and certification are provided. Our HIICAP volunteers provide impartial information about Medicare, Medigap policies and supplemental choices, Medicare Advantage Programs, other insurance questions, Medicare Prescription Drug Plans, EPIC, benefit programs and long term care insurance choices.

Exercise Class and Brain Games Leaders

Staying physically and mentally active are both key to successful aging. We have dozens of exercise and Brain Games classes around the county where you can help.

Senior Friendship Center Leaders

Our eight Senior Friendship Centers provide companionship, fun and a nutritious meal to our seniors. Volunteer at a Friendship Center and enjoy some socialization of your own while you help!

Office Help

Serving Dutchess County's estimated 60,000 seniors means a lot of correspondence to fold, envelopes to stuff and brochures to arrange. Help us communicate with your senior friends and neighbors!

Senior Picnics and Events

The summertime countywide Senior Picnics are some of our most popular events, where thousands of seniors from all over Dutchess come together to enjoy lunch, information and entertainment. We have annual events as well: the Celebration of Aging in May, the Senior Prom in October and the Senior Seminars in November. All these events require a lot of helping hands to be successful, and we'd love to have you along for the work—and the fun!

Dutchess County Office for the Aging Services

- Senior Friendship Centers
- Home Delivered Meals
- Nutrition Education
- Summer Senior Picnics
- Nutrition Counseling
- Caregiver Support
- NY Connects
- Case Management
- Nursing Home Information
- Benefit & Entitlement Counseling
- Information, Referral & Advocacy
- Health Insurance Counseling & Assistance
- Legal Assistance
- Housing Information
- Home Energy Assistance
- Senior I.D. Cards
- Medical Transportation
- Volunteer Opportunities
- Brain Games
- Physical & Mental Fitness Programs
- Senior Exercise Program
- Grandparents Raising Grandchildren help
- A Matter of Balance
- Successful Aging Presentations

The Dutchess County Office for the Aging is a County Agency funded under Title III of the U.S. Older Americans Act, the New York State Office for the Aging, and the County of Dutchess.

Dutchess County Office for the Aging

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(845) 486-2555 • (866) 486-2555

Marcus J. Molinaro
County Executive



Todd Tancredi
Director
Office for the Aging

Volunteer Opportunities

Dutchess County
Office for the Aging

